



5th International FJC Conference

Creating pathways to multidisciplinary approach of gender-based and domestic violence

15, 16, 17 March 2023 – Antwerp, Belgium

Conference | Masterclass | Study-visit | Network meeting

15 March 2023

TOPIC 1: Child to Parent Violence

Child-to-parent violence is a subset of domestic violence that is often ignored or misidentified. It includes aggression, violence, or coercion perpetrated by minor or adult child toward parent(s). Stigma and shame can lead to not seeking help and/or persisting dynamics in the family relations. Parents often attempt to ignore, placate, or surrender to the violent behavior. During the conference we will explore those dynamics and how to react and offer help in a multidisciplinary setting.

16 March 2023

TOPIC 2: Trauma and Hope

Victims of gender-based violence and domestic violence often are severely impacted by trauma. Hope is the actual pathway to resilience, to surviving and healing from trauma, and the best predictor of outcomes focused on well-being and quality of life. Hope is measurable, teachable, and cultivable. The speakers and workshops will bring their insight, knowledge and tools how to work on Hope with adults and children who experienced violence in their relationships and homes.

17 March 2023

Masterclass — The Science and Power of Hope

Study-visit — Circus School Eil Circo D'ell Fuego

It's possible to register for 1, 2 or 3 days (and make combinations that suits interest and agenda). You can follow the **conference live or online**. The **masterclass** can only be followed **live**.
Language: **English**

Programme

The **conference** will give forum to plenary speeches from distinguished guests and break-out sessions by (inter)national experts. The **masterclass** will go more into deep in both topics and offer an interactive session in embedding insights and tools into your work. **Eil Circo D'ell Fuego** is open for two groups to experience their Hope work with children. There is the opportunity to join our **network meeting**, at the Family Justice Center Antwerp.

Target group

The international conference is aimed at a wide audience – on local, national and international level – of professionals who work on gender-based violence, domestic violence and child abuse, from the police, the judiciary, women's aid, victim support, social services, youth care, child advocacy, the medical sector, mental health sector, restorative justice, perpetrator programs, academic sector, universities and research, training centers, authorities, EC mandates ...

Register on
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Provincie
Antwerpen



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More info:
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Wednesday 15 March 2023

Topic 1: Child to Parent Violence
You can follow the **conference live or online**.
Location: Provincial Government Building, Antwerp, Belgium
Language: English

Programme

8.30	Registration
9.00	Opening <i>by Bert Groen and Pascale Franck, European Family Justice Center Alliance</i>
9.15	Welcome <i>by Luk Lemmens, Deputy Province of Antwerp</i>
9.30	Work with young perpetrators <i>by Alessandra Pauncz, director of the European Network for Work with Perpetrators</i>
10.00	What is child-to-parent violence and abuse? Recognising the complexity of the problem and its implications for policy and practice <i>by Yana Demeyere, PHD researcher at the VUB, University of Brussels, on child to parent violence</i>
10.30	Coffee and possibility to talk to each other
11.00	From systemic learned helplessness to communal presence: the lessons from Non-Violent Resistance (NVR) Interventions <i>by Prof. Dan Dulberger, internationally acknowledged instructor and innovator in the Non-Violent Resistance therapy approach and the NVR interventions</i> Understanding the development of child-to-parent violence through the interplay between the 'parent-child relationship' and the 'family-environment relationship' <i>by Willem Beckers, systemic psychotherapist at Interactie-Academie, specialist in domestic violence, particularly child-to-parent violence</i>
12.30	Lunch and opportunity to network
13.30	Continuation session by Dan Dulberger & Willem Beckers
15.00	Coffee break
15.30	Ending Fear and Finding Fun in Families after Child to Parent Violence and Abuse <i>by Dr Declan Coogan, UNESCO Child and Family Research Centre, University of Galway (Ireland)</i>
17.00	Closing the sessions of day 1
18.00	Network meeting at the Family Justice Center of Antwerp: time for sharing, exchanging and enjoy a drink together
19.30	End

Thursday 16 March 2023

Topic 2: Trauma and Hope

You can follow the **conference live or online**.

Location: Provincial Government Building, Antwerp, Belgium

Language: English

Programme

8.30 Registration

9.00 Starting-up

by Bert Groen and Pascale Franck, European Family Justice Center Alliance

9.15 The importance of Hope

by Tom Meeuws, Alderman responsible for social affairs, City of Antwerp

9.30 The European perspective on gender-based violence and domestic violence

by Katja Lenzing, Deputy Head of Unit at the Directorate-General for Justice and Consumers, Gender Equality Unit

9.45 From the prosecutor's perspective

by Franky De Keyzer, prosecutor of Antwerp

10.00 Project TaRMak: strengthening children and young people who come into contact with domestic violence on restoring Hope through circus techniques

by Joris Herweyers, Ell Circo D'ell Fuego

10.30 Coffee and possibility to talk to each other

11.00 Despair, dignity and hope: finding the roots of resilience through the three languages of traumatization

by Josefine Gründe, licensed psychotherapist specialised in crisis and trauma, Prolonged Exposure (trauma-focused cbt) and affect-focused therapy (AEDP)

12.30 Lunch and opportunity to network

13.30 The Psychology of Hope: Hope Centered and Trauma Informed

by Prof. Chan Hellman, Hope Research Center (USA)

15.00 Coffee break

15.30 ECHO, Resonance for survivors of child abuse Echo, peer support group Echo (Belgium), VECK (Flemish Expertise Center on Child Abuse)

17.00 Closing the sessions of day 2

Friday 17 March 2023

The **masterclass** can only be followed **live**.

Masterclass

'Responding to trauma and adversity: Hope as a framework for action'

9.00-16.00 — De Stroming, Antwerpen

By Prof. Chan Hellman, Professor of Social Work at the University of Oklahoma and Director of The Hope Research Center

What to expect?

Hope has emerged as one of the top protective factors leading to well-being across the life span. This workshop will discuss the science of Hope as a psychological strength in our ability to cope with traumatic experiences. This workshop will summarize over 15 years of research that show (1) hope predicts positive outcomes for staff and those being served, (2) hope buffers the effects of adversity, and (3) hope can be influenced and sustained.

Our recent publications have demonstrated that hope is an important contributor to staff well-being, reduced stress and burnout which is especially relevant since the pandemic. To that end, this presentation will help build a shared understand and common language across a multidisciplinary focus on building hope centered practices.

The target group of this masterclass is this masterclass is mainly intended for people who followed the HOPE workshop during the conference, who previously followed a masterclass or training on Hope and/or who know the basics of the Hope approach.

Experience visit TaRMak

Learning and experiencing visit at the Circus School Eil Circo D'ell Fuego

Positive Childhood Experiences

Two sessions: **10.00-12.00** or **13.00-15.00** — Eil Circo D'ell Fuego

TaRMaK is circus camp based on the Hope Theory for children and youngsters (aged 8 to 14) who experienced domestic violence. Through positive experiences, culture and having fun, they subtly work on strengthening competencies.

TaRMaK helps the children to build a hopeful perspective. The HOPE methodology of Prof Chan Hellman is leading in the project: the effects of hope as a psychological force that can help children and adults overcome traumatic experiences and crisis situations.

Two groups of 16 persons can experience the TarMak approach at Eil Circo D'ell Fuego, one in the morning (10-12) and one in the afternoon (13-15).

You have the opportunity to dive into the experience of flying and other circus activities.