



# Non Violent Resistance (NVR) Practitioner Network

**Presenter: Grace Bermingham, Family Support Coordinator, Tusla Child and Family Agency- Wicklow.**



# Networks Development:

- ▶ **East Coast Practitioners NVR Network-** South Dublin, Wicklow,
- ▶ Led by Tara Kelly , Project Leader, Tusla and PHD researcher in NVR (NUIG) & Grace Bermingham, Family Support Coordinator & Snr Social Work Practitioner.
- ▶ Promote and develop professional networks of NVR & Communities of Practice.
- ▶ Wicklow Local Area Practitioner Network.




# East Coast NVR Practitioners Network

## Who's involved?

- Addiction services- YODA; BCAT; Counselling and Psychology services, Primary Care services.
- Child and Adolescent Health Services (CAMHS/ Lucena)
- Home School Liaison, Schools Completion Officers, Teachers and EWO's.
- Statutory, Voluntary, and Funded services - Springboard, ISPCCC, Wicklow Child & Family project, Bray Womens Refuge, Greystones FRC, Extern. JLO. Community Gardaí.
- Social Workers across Tusla- CP, Welfare, Duty and Fostering teams & Family Support Practitioners.



# Why Local Area Networks?

- Growth in Practitioner numbers.
  - Geographical considerations in provision of NVR.
  - Interest in developing coordinated approach in running groups and 1-1 practice.
  - Forum for feedback & shared learning from the local services on groups being run, areas of need, development of themes.
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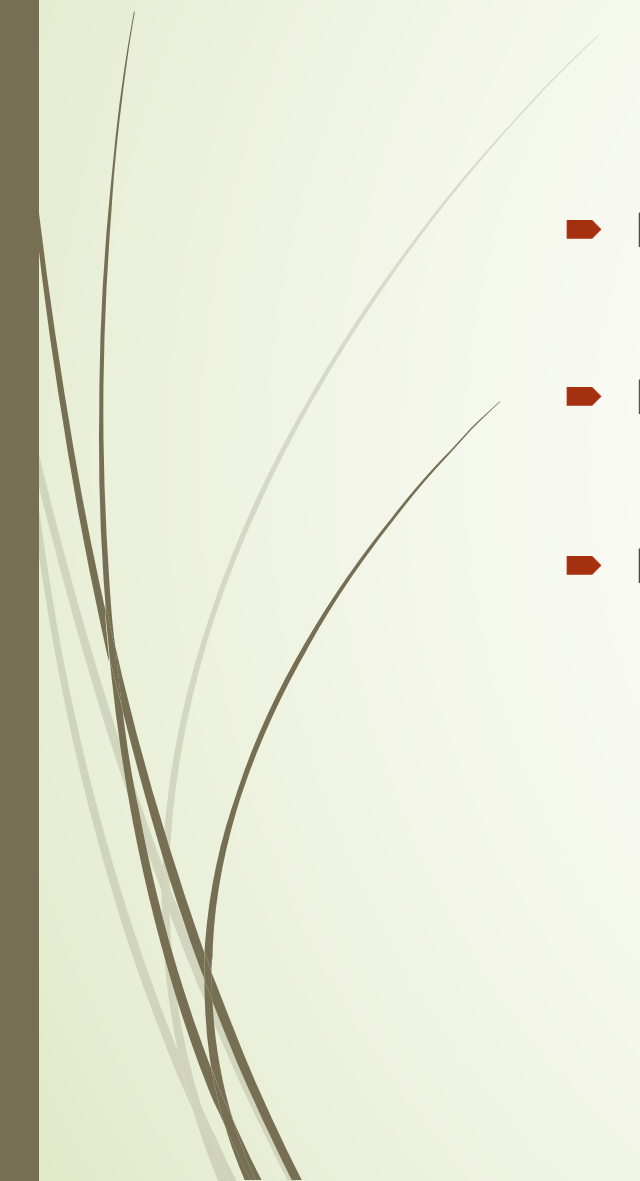


# Benefits of NVR Networks

- ▶ Peer support & Group supervisory effect
- ▶ Supports fidelity to the Model.
- ▶ Applicability of the model in other practice areas including ASD, school non attendance, childhood anxiety, fostering & drug and alcohol misuse.
- ▶ Networks as Communities of practice (Challenges, gaps in provision, developing our practice- article reviews, video's u tube links, guest speakers .




# Benefits of NVR Networks

- Networks have led to stronger interagency working relationships.
  - Better provision of service to our families.
  - Parents provide feedback to the network directly.
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# NVR Networks and its role in responding to experience of the Fear and the Shame of CPV



Network discussion: Denial, self blame, silence, shame, fear , power and control enter the domain of NVR from the outset.

- ▶ **For the Practitioner** – Offers New Way to Respond: Offers a systematic and practical skills based response.
- ▶ E.g Learning from SPACE programme – parallels with NVR and challenges engaging supporters.
- ▶ Practitioner is not alone !!!
- ▶ **For the Families:**
- ▶ **Naming it.** Facts of the extent of the issue in Ireland and internationally reduce sense of isolation and blame.
- ▶ **Support throughout the NVR programme** – check in calls, self care piece-encouragement and sustaining motivation. WE have your back !!
- ▶ **Support following** completion of the programme both informal and formal (in development). You are not alone !!!





# Networks-The Learning so far:

- ▶ Implementing nurturing as part of the programme e.g. role modelling & mirroring Parental Presence through Practitioner Presence, Random Acts of Kindness. (Creative Online).
- ▶ Importance of pre-assessment home visits - expectations/ commitment.
- ▶ Check in calls & Post Programme Call back.
- ▶ **Patterns and themes emerging** : *Children with ASD diagnosis ; Anxiety; School non attendance; Social media and technology.*
- ▶ Highly complex presentations & Parents in distress.
- ▶ Parents requiring additional ongoing support following completion of programme.



# Networks: Where to next:

- Developing and Implementing Continued Support to our parents : Drop in clinics and online platforms (Multi-agency).
- Continual Development of our practice skills through further training (seminar / speakers/ reading materials). Refresher NVR & Advanced Learning Programme??
- Supervision- being explored? Who ? Funding? Resources?
- SPACE (Supportive Parenting for Anxious Childhood Emotions) programme- Childhood anxiety. Shared Network Platform.



# Where to Next?

- Development of Parental Participation within NVR model in line with Tusla PPF national guidance.
- Need for Better links with Primary Care/Early intervention and CAMHS : training collaboratively/ developing whole care approach to supports- parents/ children and young people
- Developing a centre of learning, e-learn! Resource tools!
- Contribute to Research- to fully understand the extent of the problem.



# Final Thought!

- **'The currency of real networking is generosity' Ferrazzi**
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**Thank You !!!!!**