



## Non Violent Resistance Practice – CPD for Social Workers at NUI Galway, April 2018

Facilitator: Dr Declan Coogan

Are parents/ carers talking with you about living in fear of their son/ daughter who is under the age of 18 years? Are you uncertain about how best to work with families where parents/ carers are walking on eggshells around their adolescent daughter/ son?

A new module for social workers on **Non Violent Resistance Practice** at NUI Galway might be helpful. It commences on the **12<sup>th</sup> April 2018**, as part of the new Postgraduate Certificate/ Diploma in Continuing Professional Development for Social Work at NUI Galway. You can attend this module on a stand-alone basis or you can add its 10 ECT credits towards the completion requirements for a Postgraduate Certificate/ Diploma in Continuing Professional Development for Social Work.

All classes on **Non Violent Resistance Practice** take place between **10am - 4pm** at the Institute for Life Course and Society (**ILAS**), Newcastle Rd, NUI Galway, on the following **5 dates in April 2018**:

**Thursday 12<sup>th</sup> (Room G007) & Friday 13<sup>th</sup> (Room G008), Thursday 19<sup>th</sup> (G007) & Friday 20<sup>th</sup> (G008) and Friday 27<sup>th</sup> (G008)**

**Entry Requirements:** Applicants must be a CORU registered social worker. Further information about this module and about the cert/ diploma is available at

<http://www.nuigalway.ie/media/collegeofartssocialsciencescelticstudies/schools/socpol/PGCCPDSW.pdf>

Expressions of interest in this course should be sent to [nuala.donohue@nuigalway.ie](mailto:nuala.donohue@nuigalway.ie) by 5pm on **Friday 23<sup>rd</sup> MARCH 2018**. The cost for this module is 500 euro. *(Please turn over – there is more information on the other side of this page).*

**Course Description:** Child to parent violence/ abuse (CPVA) involves teenage and younger girls and boys who use physical, psychological, emotional and financial violence/ abuse to the extent that parents/carers live in fear of their child. The idea that parents/ carers can become victims of abuse/ violence from their own child is extremely challenging not only for the parent/ carer experiencing violence from their child but also for practitioners. The challenging behaviour involved in CPVA can undermine family or placement stability.

Non Violence Resistance (NVR) is a parent –focused and systemic approach to these problems in family relationship; it responds to the needs of parents/ carers and practitioners in a wide range of settings for a non-blaming, structured and evidence-supported response to CPVA. Throughout this module, there is an emphasis on collaborative and strengths-based practice, on influencing change in the parent/ child relationship and on developing a parent-led support network.

**Aims & Objectives:** This module aims to further develop social workers' confidence and skill in responding to CPVA through the use of Non Violent Resistance (NVR). Building on their pre-existing skills and experience, social workers on this module are introduced to the key concepts of the NVR model and explore practice skills in using NVR in partnership with parents/ carers. During this module, practitioners reflect on and practice NVR intervention principles and skills to facilitate change and reduce/ end abusive and violent behaviour.

**Module Outcomes:** By the end of this module, participants will have increased confidence and skill in assessing and responding effectively to CPVA. Participants will understand the key concepts and skills of the NVR intervention model and will have abilities to integrate these concepts and skills to their own and other areas of social work practice. Participants will also critique and reflect on research and practice concerning abusive, violent and controlling behaviour within families.

**Information about the Facilitator:** A social worker (CORU) and family therapist (FTAI), Declan is a Lecturer in Social Work and a Research Fellow with the UNESCO Child and Family Research Centre at the School of Political Science and Sociology at NUI Galway. In 2016 he was awarded a PhD for his action research on child to parent violence and non-violent resistance. Further information about Declan is available at <http://www.nuigalway.ie/colleges-and-schools/arts-social-sciences-and-celtic-studies/staffprofiles/declanpcoogan/>