The RCPV Project and the Non Violent Resistance Response to Child to Parent Violence; Highlights.

Declan Coogan, Lecturer, NUI Galway Lead, & Eileen Lauster, Research Assistant, RCPV Project, UNESCO Child and Family Research Centre, National University of Ireland, Galway

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We have been able to define a problem, create a space for practitioners to build on their existing skills, co-create research findings and stimulate creativity among practitioners and parents/carers.
What is the Non Violent Resistance Programme?
The Key Features of the Non Violent Resistance Programme.

- Parent Commitment.
- Breaking the escalation cycle - ending behaviour patterns & pressing the pause button.
- Stepping out of secrecy - the supporter network.
- Increasing parental presence.
- Externalising the behaviour.
- Announcement of commitment to Non Violence Resistance.
- Strategies of non violent resistance & protest - refusal of orders, service strike, protest sit in
- Reconciliation Steps - developing more positive relationship patterns.
Useful images/ metaphors in the Non Violent Resistance Programme.

- **Attachment**: emphasis on increased parental presence and involvement creates a sense of a secure base and safe harbour for the child.
- Non Violent Resistance - persistence; strength as an **anchor**.
RCPV Research in Ireland  
(Wilcox et al 2015)

- 145 practitioners attended the 2 day training in Ireland, 110 completed the research questionnaires.
- The training programmes in Non Violent Resistance developed and implemented by the RCPV project
- increased practitioner awareness and understanding of child to parent violence;
- increased practitioner self-efficacy;
- provided practitioners with the relevant skills to work with parents and children when child to parent violence takes place;
RCPV Research in Ireland (Wilcox et al 2015)

- The RCPV Self Efficacy Questionnaires are statistically reliable measurements/tools that can be used in future training & research;

- Requests for RCPV training exceeded the resources of the project to provide the training within the lifespan of the project.

- 10 practitioners interviewed about their experiences of CPV, of the NVR training programme and its relevance to their practice.

- Self-Efficacy Questionnaires (pre/post training) adopted & validated & interview schedule adopted by the RCPV partnership.
Unexpected impact of RCPV in Ireland

- Great public and professional interest across a range of disciplines in the topic of CPV:
  - Support from colleagues in academia and practice;
  - Requests for interviews in print, radio and television media;
  - Popularity of the Child to Parent Violence - Innovations in Policy, Practice & Research Conference, NUI Galway 12-13 June 2014;
  - Demand for training greater than resources;
Unexpected impact of RCPV in Ireland

- Local initiatives emerged to embed NVR into practice with families including:
  - Le Cheile NVR Parents Groups in Limerick,
  - the Power2Change Children and Parents Programme in Galway &
  - the Parentline NVR National Telephone Service Intervention in Dublin,
  - Emergence of regional interest/steering groups.
And next?

- Continue to raise awareness:
  - First steps - recognise it’s existence
  - Develop & publicise training and practice responses tailored to child to parent violence.

- Highlight the hugely negative impact CPV has on human rights and on family relationships.

- Seek new & continuing partnerships with practitioners, researchers & academics to further research CPV, especially the voice of parents and children.
Thank you.

Comments/ Questions.
References


References


References


